



## Human Service Council (HSC) Meeting Minutes Thursday, September 25, 2014

**WELCOME:** The SCHSC meeting started on Thursday, September 25, 2014. The following 28 people introduced themselves and/or signed in as attending the meeting. Andrea Mallanino (ACCESS), LaShaun Wright (ACCESS), Marion Kresse (Boost Together for Children), Arti Sanghi (Central Iowa RSVP), Cris Broshar (Childcare Resource and Referral), Mike King (Clothing that Works/Computers To Work), Mallory Cassis (Eyerly Ball), Nicole Seid (Eyerly Ball), Kaitlyn Hofeldt (Story County Decategorization/ CPPC), Shari Atwood (CyRide/Ames Area MPO), Pat Olsson (Habitat for Humanity), Sarah Constable (HIRTA Public Transit), Patsy Besse (Mary Greeley Medical Center Homecare Services), Julie Saxton (Life-Line Resources), Stacey Maifeld (Lutheran Services in Iowa), Elise Murchison (LSI – People Place), Kris Eastman (Mainstream Living), Amy Robak (MICA – 1<sup>st</sup> Five), Nicole Dudley (MICA), Melissa Morford (MICA), Melissa Thompson (Project Iowa), Nicole Lullman (Central Iowa/Story County Community Services), Cari McPartland (The Salvation Army), Angie Quinn (The Salvation Army), Tricia Crain (The Arc of Story County), Tina Gordinier (United Healthcare), Shannon Bardole (United Way of Story County), Geri Derner (Youth & Shelter Services).

**BUSINESS MEETING:** Julie Saxton called the business meeting to order at 11:42 a.m.

**Approval of May 22, 2014 Minutes:** Mike King indicated that “Clothes that Work” is now changed to Clothing that Works/Computers To Work in order that a website can be created. He cited that Clothes that Work was correct at the time however the business name has since changed to enable the website creation. This change has been made in the minutes. There were no changes from the council membership. Shari Atwood 1<sup>st</sup> with the aforementioned change; Marion Kresse seconded, motion carried.

### REPORTS:

**TREASURER:** Treasurer, Arti Sanghi, reported a balance of \$1,563.76 in the account. Arti relayed there were eleven paid memberships. Dues of \$30/organization are due to Arti and checks should be made payable to United Way of Story County but place “Story County Human Service Council membership dues in the memo line.” For a Membership Registration form, go to <http://storycountyhumanservices.org/wp-content/uploads/2013/08/Membership-Registration.2014.pdf>

**ASSET PANEL:** No report was made by ASSET PANEL representatives. However, Shari Atwood mentioned that Susan Peterson, Panel #4 Representative, sent information to the SCHSC Secretary the past month which was forwarded out to the group. Anyone not receiving that information can contact Shari Atwood to have it sent again if needed.

**RESOURCE GUIDE:** Arti relayed that a recruit volunteer was working with Sipele Quezada on the paper resource guide and that an update would be provided again in October.

## **OLD BUSINESS:**

**WEBSITE & CALENDAR:** Julie Saxton relayed that SCHSC does have a website at [www.storycountyhumanservices.org](http://www.storycountyhumanservices.org) which individuals can access. There is a calendar there that agencies can post their information to via google and then advertise this calendar/page out to their clients for events happening throughout Story County. For directions on how to post your events to this calendar, please contact the SCHSC Secretary.

**TRANSPORTATION BROCHURE:** Please make this change on your website if you're linking up to the previous RIDEHIRTA URL link. [WWW.CYRIDE.COM/SCT](http://WWW.CYRIDE.COM/SCT) (new website; recently updated!)

Shari Atwood shared the most recent Story County Transportation Brochure which has been recently updated adding in the Veterans transportation through the DAV is now available via CyRide's website. HIRTA has a new website and the previous link no longer works. Therefore please change all URL links on your website to link up with the URL above. Other changes within the brochure are minor. The new brochure will be printed soon however is now available for agencies through the following e-mail site. [www.cyride.com/sct](http://www.cyride.com/sct).

## **NEW BUSINESS:**

**New Format for Meetings:** Julie Saxton relayed that the SCHSC Officers met earlier this summer and decided to switch up the format of the Human Service Council meetings. The business meeting will come first of the meeting followed by a monthly topic. For instance, October's meeting topic will be "Health Services Month" and will involve the following topics:

- Domestic Violence
- Bullying Prevention
- Books/Reading
- Health/Dental

Agency representatives can sign up to provide a brief presentation at the meeting by signing the sheet going around at today's meeting or contact co-chair Julie Saxton to present by October 1<sup>st</sup>. At the October meeting, a new topic for November will be released to the group for the following month. This will replace the programs and agency spotlights at the meetings starting in October.

Comments were made that this was an excellent way for agencies to collaborate in the future. No further comments were made on the new agenda format.

**End of Meeting 11:58 a.m.**

**PROGRAM:** Cathy Hockaday with ISU Extension presented on their "Strengthening Families Program". This program is for parents and youth 10-14. Cathy explained that this program is the #1 Substance Abuse Prevention Program in the world. It is a 7-week program (2 hours each) that builds on families strengths. The first hour of each session begins with kids in one room and parents in the other. Then the second hour

brings the two groups together; kids and parents. Again, this program is for parents and for kids 10-14. It builds the skills and gives parents more tools to help their children become responsible young adults. Cathy explained that this program has verifiable evidence that it works to prevent substance abuse in families. It's at the top of every federal list that it's working. Cathy explained that the federal government wants to fund programs that work; this one does. She is promoting upcoming facilitator trainings that will occur as referenced in the attached flyer.

**FACILITATOR TRAINING - November 5-7; Train the trainer Course; Best Western; 2500 University Blvd. (need 3 trainers/agency) (SEE FLYER LINK VIA AGENCY SHARING)**  
Contact Cathy Hockaday @ [hockaday@iastate.edu](mailto:hockaday@iastate.edu)

The "Strengthening Families Program" educates families on how they can do it better. However, this is not a counseling service. This is an education program. This 7-week peer panel impacts the behavior of parents and is DVD driven. Specifically, this program had a big impact on meth users when Iowa was a "meth state." It focuses again on the family tree strengths. It empowers girls' self esteem. Meals are free for the family. They also have transportation, gift cards and giveaways that help keep the kids/parents coming back for more of the program to finish the 7-week program. It's an incentive based and families remember the program/activities well into their adult lives.

Cathy went through some of the materials they present within these sessions and information they go throughout the program allowing SCHSC members to get to know each other better. She also shared material folders with many SCHSC members but ran out to provide each of us a folder. If you're interested in receiving a folder, Julie will have more at the October meeting or you may contact Cathy Hockaday @ [hockaday@iastate.edu](mailto:hockaday@iastate.edu).

#### **AGENCY SPOTLIGHTS:**

**PATHWAYS OF HOPE:** Angie Quinn presented a program on the "Pathways of Hope" with The Salvation Army. This program is for the Des Moines (Monday), Boone (Tuesday) and Ames (Wednesdays) communities. This is case management program that puts the focus on the parents. Many programs always focus on the children as Medicaid will fund child based programs but won't do this for the parent. Therefore, Pathways of Hope is a Salvation Army funded program (not ASSET funded) that focuses on the parent and bettering their life. This program helps those that are ready to change. Parents must have child < 18, have goals for the future and learn to help themselves work through issues to become stable. There are not any income guidelines to participate in the program.

A question was asked of how many families The Salvation Army will serve with this program? Cari McPartland answered that this is yet undetermined and is limited based on the one-day a week (Wednesdays) for Ames but may increase at some point in the future. **See the attached presentation under Agency Sharing.**

**PROJECT IOWA:** Melissa Thompson shared information regarding "Project Iowa." This is a program to help individuals develop the skills (i.e. manufacturing) they need to successfully gain

employment. The three expectations are: 1) Be on time, 2) Follow the rules, 3) Don't need skills for employment (they will teach you!). Project Iowa participants must be 18 or older; be a U.S. citizen or legal resident, have a high school diploma or GED equivalent, have a strong work ethic/commitment to complete training and have a valid e-mail address (which can be set up after acceptance to the program). Informational session in Ames is held at the Ames Public Library on the 1<sup>st</sup> Thursday of the month at 6pm. Melissa shared that this program "Changes Lives!" [See the attached flyer under Agency Sharing.](#)

**AGENCY SHARE TIME:** Julie stated that we were nearly over time but would stay for those agencies that wished to have Agency Share Time.

- **CyRide:** Shari Atwood announced that CyRide received the Ladder's grant submission for four (4) articulated buses for \$2,550,000! Over 400 applications were submitted nationwide. The buses will be delivered to CyRide in spring 2017! (Actually announced during "Strengthening Families Program" proud moment!)
- **HIRTA:** HIRTA desperately needs drivers! There is a current driver shortage at HIRTA. Send those you know to apply at [www.rideHIRTA.com](http://www.rideHIRTA.com)
- **Clothing that Works/Computers to Work:** Ribbon cutting October 1<sup>st</sup> at 2:30 p.m @ 130 S. Sheldon #308. This organization is open every Wednesday, 2-6pm! Free clothing is available. Please pass the word out to your clients! [\(See the attached flyer under Agency Sharing\)](#)
- **RSVP/MICA:** Taking applications for winter weatherization of homes! Call RSVP or MICA for more details!
- **MICA:** Mica announced that if you know someone in need of a car seat, please give them a call. Qualifying families only! [\(See the attached flyer under Agency Sharing\)](#)
- **1<sup>st</sup> Five/Story County Champions for Children/BooSt Together for Children:** Combining meetings together through lunch & learns to reduce number of overall meetings individuals need to attend. Meeting will be in regard to support systems for children pertaining to social/emotional well being. Future meetings are: 10/24/14 at 126 S. Kellogg, Room 219. Future meetings are 1/23/2015, 3/20/2015, 5/22/2015! [\(See the attached flyer under Agency Sharing\)](#)
- **The Salvation Army:** The Salvation Army will begin accepting applications for Christmas assistance including Angel Tree gifts for children and food for the family starting November 10<sup>th</sup> – 14<sup>th</sup> for Christmas, Angel Tree gifts for children and food for the family. Families will need a picture ID for all adults and other members of the household, proof of address and proof of income. If families are coming in who are divorced and/or separated, the parent with physical custody is welcome to sign up. We will ask for proof of this. The Salvation Army works with other agencies to not duplicate giving to the same family. [\(See the attached brochure under Agency Sharing.\)](#)
- **Experience Works:** Deb Gardini announced that Experience Works helps individuals 55+ get a job. Participants must be under income guidelines to participate. Experience Works work with community partners to help hire an older worker. [See the attached brochure under Agency Sharing.](#)