

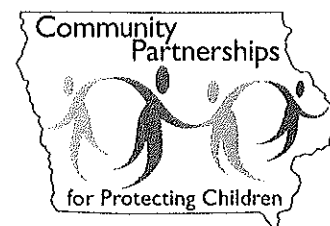
# SEIZURE RECOGNITION & FIRST AID

SEIZURE TYPE	WHAT IT LOOKS LIKE	WHAT IT IS NOT	WHAT TO DO	WHAT NOT TO DO
<b>Absence</b> (Also called Petit Mal)	Blank stare beginning and ending abruptly. • Lasts only a few seconds. • May be accompanied by rapid blinking, chewing movements • Person is unaware of what is happening during the seizure, but quickly returns to full awareness afterwards. • Most common in children. May result in learning difficulties if not recognized and treated.	Daydreaming  Lack of attention  Deliberate ignoring of instructions	Repeat information missed during the seizure  Medical evaluation if no prior history of seizures	
<b>Simple Partial</b>	Jerking may begin in one area of the body. • Can't be stopped but the person stays awake and aware. • Jerking may proceed into other areas of the body, and sometimes becomes a convulsive seizure.  In partial sensory seizures, person may hear or see things that are not there; feel unexplained fear, sadness, anger or joy; experience nausea, odd smell or "funny feeling" in stomach; have "deja vu" feeling; experience otherwise distorted environment.	Acting out  Hysteria  Mental or psychosomatic illness  Parapsychological or mystical experience	Medical evaluation if no prior history of seizures  If seizure becomes convulsive, follow first aid for Generalized Tonic Clonic seizures	Do not restrain the person or try to stop the jerking.
<b>Complex Partial</b> (Also called Psychomotor or Temporal Lobe)	Usually starts with blank stare, followed by chewing, followed by random activity. • Person appears unaware of surroundings and may seem dazed. • Person is unresponsive. • Actions are clumsy or misdirected. • May pick at clothing, pick up objects, try to remove clothing. • May struggle or resist restraint. • Once pattern is established, it generally remains the same in successive seizures.  Seizures last a few minutes but post-seizure confusion may last much longer. • No memory of what happened during the seizure.	Drunkenness  Drug abuse  Mental illness  Disorderly conduct	Gently guide away from hazards. • Stay until full consciousness returns. • Be calm and reassuring. • If seizure becomes convulsive, follow first aid for Generalized Tonic Clonic seizures.	Do not restrain unless person is in immediate danger.  Do not shout.  Do not expect verbal instructions to be obeyed.
<b>Generalized Tonic Clonic</b> (Also called Grand Mal)	Sudden cry, fall, rigidity, followed by muscle jerks. • Shallow breathing or temporarily suspended breathing, bluish skin, possible loss of bladder or bowel control. • Seizure usually lasts a couple of minutes, with normal breathing resuming. • There may be significant confusion and fatigue before return to full consciousness.	Heart attack  Stroke	Time the seizure. • Loosen tight clothing. • Turn person on side. • Call 911 if seizure lasts more than 5 minutes, there is injury, person is pregnant or has diabetes, there is no known history of seizures, person has more than one seizure.	Do not put anything in the mouth.  Do not restrain or hold the person down.  Do not give food, drink or medication during the seizure.
<b>Atonic</b> (Also called Drop Attacks)	Person suddenly collapses and falls. • After 10 seconds to a minute, the person recovers, regains consciousness, and can stand and walk again.	Clumsiness, normal childhood stage, drunkenness, acute illness	Medical evaluation if no prior seizure history. • No first aid necessary unless there is an injury.	
<b>Myoclonic</b>	Sudden brief, massive muscle jerks that involve all or part of body. • May cause person to fall.	Clumsiness, poor coordination	Medical evaluation if no prior seizure history.	Do not restrain or try to stop the jerking.
<b>Infantile Spasms</b>	Clusters of quick and sudden movements that start between 3 months and 2 years of age. • If the child is sitting, head falls forward; if laying down, knees are drawn up and arms and head flex forward.	Normal movements of a baby.  Colic	Medical evaluation if no prior seizure history.	





# Family Fest 2014



## April is Child Abuse Prevention Month "Protecting Children is Everyone's Business"

*Family Fest 2014 is an event showcasing the resources available for families in the Story County Community. If your agency, organization or business is family oriented and offers resources and/or activities for families, please join us on **April 26, 2014 at the Ames High School Gymnasium from 1:00 P.M. – 4:00 P.M.** to share more information about your services. Please complete the form below (registration is FREE).*

\*\*\*CPPC is accepting Donation Baskets that will be donated to families during the raffle at Family Fest. If your agency and/or club are interested in donating a family oriented basket please complete the attached form.

### Goals for Family Fest:

- To provide available resources and activities to the families of Story County.
- To provide a safe and fun entertaining environment for the day.
- To celebrate families, organizations, agencies and businesses that defines the Story County community and keeping families safe.

### Guidelines and additional information:

- Please arrive at the Ames High School Gymnasium between 12:00P.M. and 12:30P.M. to set up your booth, booths must be set up by 12:45 P.M.
- A representative of your organization must be at your booth at all times.
- All organizations are responsible for set up and tear down of their own booth.
- All booths are encouraged to have an activity available for families and/or children.

#### Email form to:

khofeld@dhs.state.ia.us  
Subject Line: FAMILY FEST\_2013

#### Mail form to:

Story County CPPC  
Attn: Kaitlyn Hofeldt  
126 S. Kellogg Ave.  
Ames, IA 50010

**Registration Forms will not be accepted after: April 1, 2014**

**Family Fest 2014**  
**Agency, Organization or Business Registration Form**  
**(Registration is FREE)**

Agency/Organization: \_\_\_\_\_

Primary Contact: \_\_\_\_\_

Address: \_\_\_\_\_

Primary Contact Email: \_\_\_\_\_

Primary Contact Phone: (w) \_\_\_\_\_ (c) \_\_\_\_\_

Organization type (e.g., charitable organization, religious institution, service club, etc.):

\_\_\_\_\_

Organization mission:

How will you engage community participation with your organization? (e.g., type of booth - activities for adults/children, materials/prizes/giveaways, etc.):

Type of space needed/special requirements for booth (electricity, extra space etc.):

Please turn over →

# Family Fest 2014

## Donation Basket Registration Form

This year Community Partnerships is reaching out to the community to enhance family interactions between our families. We would like to incorporate the community in making this possible for us.

We are looking for family oriented Donation Baskets for our families to encourage positive interactions between families. All baskets need to have a theme (ie. Summer Fun, Movie Night, Game Night, Rainy Day etc.), there is no limit to themes as long as they encourage positive interactions with families. Baskets can be small or big, whatever your agency desires! Baskets can include agency/club information and/or informational items if you want. CPPC will be certain that all baskets list the donation agency!

Please complete this form if your agency agrees to submit a Donation Basket for Family Fest.

Agency/Organization: \_\_\_\_\_

Primary Contact: \_\_\_\_\_

Address: \_\_\_\_\_

Primary Contact Email: \_\_\_\_\_

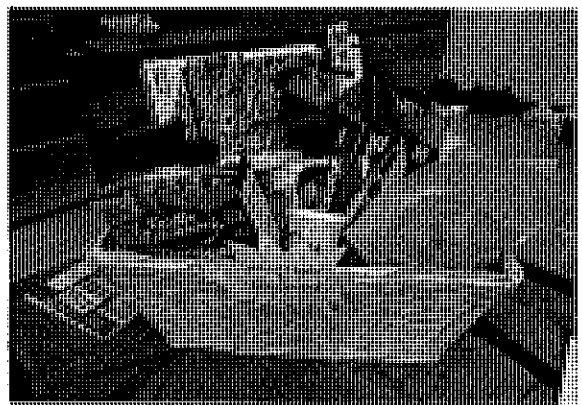
Primary Contact Phone: (w) \_\_\_\_\_ (c) \_\_\_\_\_

Donation Basket Theme: \_\_\_\_\_

### Donation Baskets are due April 15<sup>th</sup>

Baskets can be delivered to:  
Kaitlyn Hofeldt and/or Marion Kresse  
Story County DHS  
126 S. Kellogg Ave. Suite 205  
Ames, IA 50010

*Please call 515-460-7355 for any questions!*



Example Basket -- Theme: Family Night/Game Night

*We appreciate your time, energy and enthusiasm in making Family Fest a success for Story County families!*





Free lunch  
& admission  
to Reiman  
Gardens

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# STASH THE TRASH AND VEISHEA SERVICE DAY

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••••• Help Keep Ames Community Beautiful •••••

**Saturday, March 29, 2014**

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## Sign Up

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**Before March 26:**

**Sign up online at**

[www.vcstory.org/](http://www.vcstory.org/)

**ISU Campus Locations**

[www.veishea.iastate.edu/vsd](http://www.veishea.iastate.edu/vsd)

**After March 26:**

**Sign up for Ames  
Community Locations  
at Reiman Gardens  
on March 29**

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## Check In

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**8:30 AM - 2:00 PM at Reiman Gardens**

Ames Morning Rotary, Ames Tribune, City of Ames Resource Recovery, Iowa Home Consulting,  
ISU Facilities Planning and Management, ISU Live Green, Keep Iowa State Beautiful, Reiman Gardens, ISU Student  
Activities Center, VEISHEA Campus & Community Involvement, Volunteer Center of Story County

**For more information: Contact Shellie Orngard at 515-268-5323 or [shellie.orngard@vcstory.org](mailto:shellie.orngard@vcstory.org)**



**COMMUNITY PARTNERSHIPS  
FOR  
PROTECTING CHILDREN:**

WOULD LIKE TO INVITE YOU TO A

**MORNING SEMINAR**

**WELCOMING**

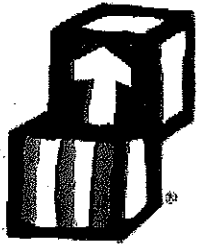
**Story County Parent Partners**

**Presentation: Parent Partners**

**April 1, 2014 at 9:00 A.M.**

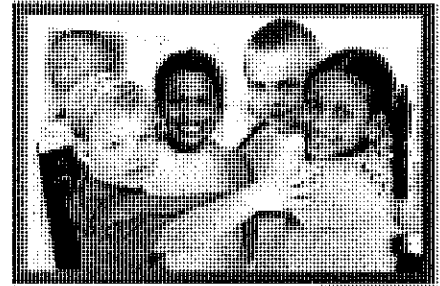
**Story County DHS - 2<sup>nd</sup> Floor Conference  
Room (126 S. Kellogg Ave.)**

***Breakfast will be provided!***



# Looking for a preschool?

## Check out Head Start!



**Your child is eligible for Head Start if:**

- He or she is 3 or 4 years old by September 15 of this year.
  - Your family meets income guidelines.
- Children with special needs, foster children, and homeless children may be eligible regardless of income.*

### Available at no cost to families that qualify!

**Call the Story County  
Family Development Center  
515-956-3333**



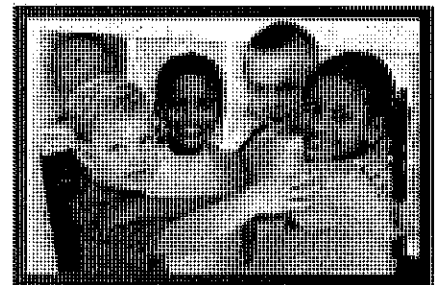
**Mid-Iowa Community Action**

*Helping People.  
Changing Lives.  
Building Communities.*



# ¿Busca una Escuela Pre Escolar?

## ¡Infórmese sobre Head Start!



**Su niño es elegible para Head Start si:**

- Tiene 3 o 4 años de edad a partir del 15 de septiembre de este año.
- Cumple con los requisitos de sus ingresos familiares.

*Niños con necesidades especiales o niños desamparados pueden ser elegibles independientemente de sus ingresos.*

### ¡Disponible sin costo para las familias que cualifican!

**Favor de llamar al Centro de Desarrollo  
Familiar en el condado de Story  
515-956-3333**



**Mid-Iowa Community Action**

*Ayudando a la Gente.  
Camblando Vidas.  
Construyendo Comunidades.*

# T.E.A.C.H. Early Childhood<sup>®</sup> IOWA

Teacher Education And Compensation Helps



## T.E.A.C.H. Scholarship Program

Do you want to go to college to improve the quality in your program? You may be eligible to receive a scholarship if you:

- work in a regulated preschool, child care center, or home program for at least 30 hours per week (or full time for the hours your preschool offers programming)
- have worked with children birth to age 5 in your current program for at least 3 months
- are working toward an early childhood degree, credential, or endorsement at an Iowa college (or would like to be)
- have the support of your employer (if applicable) and provide proof of participation or willingness to participate in a quality initiative such as QRS, QPPS, Head Start, or NAEYC/NAFCC accreditation.

### *First Steps*

Call 515-331-8000 to speak with a T.E.A.C.H. counselor or email [teach@iowaaeyc.org](mailto:teach@iowaaeyc.org).

Obtain a T.E.A.C.H. application from a counselor or our website [www.iowaaeyc.org](http://www.iowaaeyc.org).



Do you want to pursue a degree in early childhood?  
Do you work with children birth - 5?  
If you answered yes...

contact T.E.A.C.H to see if you qualify  
for a scholarship up to \$5,000.



# T.E.A.C.H. Scholarship Program

## Questions and Answers

### ■ What will this program support?

T.E.A.C.H. invests in people currently providing early care and education who wish to earn a college degree. Currently, available funds are supporting associate, bachelor degrees and endorsements in early childhood education, teaching license renewals and Child Development Associate (CDA) credentials and renewals.

### ■ Who is eligible?

Any early care and education provider in Iowa who works in a regulated home, preschool, or child care center at least 30 hours each week (or full-time for the hours your preschool offers programming to young children) and has been working at their current location for at least 90 days (or 6 months for bachelor applicants). Your employer must provide proof of participation or willingness to participate in a quality initiative such as QRS, QPPS, Head Start, or NAEYC/NAFCC accreditation.

### ■ Where can I go to college?

For the associate scholarship, any community college in Iowa; for the bachelor scholarship, any college in Iowa that has an ECE program. Only courses required in the degree programs will be approved to be supported by the scholarship. This can include the general education requirements such as English, math, etc. CDA classes are only directly supported if for college credit and at an Iowa community college.

### ■ What will T.E.A.C.H. pay for?

T.E.A.C.H. is a public-private partnership, investing in our child care workforce, supporting tuition up to 15-20 credits per year, books, release time (to allow for substitute caregivers to care for the children while you are in school or studying), travel costs, and an annual bonus or raise. The individual attending school (or his/her Pell grant) and/or the employing program supports a percentage of this investment, depending on the option chosen.

### ■ Where do these funds come from?

In part from the Iowa Department of Human Services through federal funding from the Child Care Development Fund, United Way of Central Iowa Women's Leadership Connection, Early Childhood Iowa Professional Development; and local Early Childhood Iowa areas including Black Hawk and Polk counties, CCR&R of Northeast Iowa, and from the child care programs who co-sponsor a T.E.A.C.H. scholarship participant.

*T.E.A.C.H. Early Childhood®  
IOWA is a licensed program of  
Child Care Services Association.*



Iowa Association for the  
Education of Young Children  
5525 Meredith Dr, Suite F  
Des Moines, IA 50310