



## Human Service Council (HSC) Meeting Minutes Thursday, May 23, 2013

**WELCOME:** The SCHSC meeting started on Thursday, May 23, 2013. The following 35 people introduced themselves. Mandy Conrad (ACCESS), Sonja Hayes (Ames Community School), Sipele Quezada (Ames Community Schools), Mark Kubik (CCJ), Arti Sanghi (Central Iowa RSVP), Sarah Newswander (Childcare Resource and Referral), Craig Sosby (Community and Family Resources), Kathy Dinges (Eyerly Ball), Kaitlyn Hofeldt (Story County Decatorization/ CPPC/PP), Shari Atwood (CyRide/Ames Area MPO), Susan Peterson (Heartland Senior Services), Ronda Page (Healthy Futures/Stork's Nest of Story County), Jeremy Johnson Miller (HIRTA), Patsy Besse (Homeward), Katy Johnson (Iowa State Extension), Theodore Fuhs (Life Connections), Chrissa Anestad (Life Connections), Laura Dhyne (Life Connections), Stacey Maifield (Lutheran Services in Iowa), Laura Bender (Lutheran Services in Iowa), Richard Sharpe (Mainstream Living), Kris Eastman (Mainstream Living), Melissa MacDonald (MICA), Helen Benker (MICA), Deb Niehof (NAMI), Lynn Scarlett (Nevada Chamber of Commerce), Heather Clark (Parent Partner), Nikkie Lullman (Story County Community Services), Tricia Crain (The Arc of Story County), Cari McPartland (The Salvation Army), Jane Larkin (YSS), Jill Hill (YSS), Ashley Linduski (YSS), Kaylie Engelen (YSS), and Shellie Orngard (Volunteer Center of Story County). Everyone attended enjoyed ice cream sundaes provided by SCHSC.

**PROGRAM:** Helen Benker provided an excellent program on MICA Family Development services. **See attached sheet that explains MICA's services** discussed at the meeting.

**BUSINESS MEETING:** Lynn Scarlett called the business meeting to order at 11:45 am.

**Approval of April 25, 2013 Minutes:** There were no changes from the council membership. Patsy Beese 1<sup>st</sup>, Cari McPartland seconded, motion carried.

### REPORTS:

**TREASURER:** Treasurer, Arti Sanghi, reported a balance of \$2,396.90 in the account.

**ASSET PANEL:** No report was made.

### OLD BUSINESS:

**Story County Resource Guide Discussion & VOTE:** Lynn communicated that this is a continuation from last month's meeting where Sipele brought to the group the idea that the online Resource Guide should be owned/managed by the Story County Human Service Council. Sipele continued indicating that under the proposal provided that the SCHSC would be the umbrella agency for the [storycountyresourceguide.org](http://storycountyresourceguide.org). Then she proceeded to read through the proposal as written and each of the duties as assigned. **SEE ATTACHMENT** Sipele indicated that the council would need to provide an overall commitment of \$500 towards the Resource Guide. She went on to explain the

breakdown of the \$500. The web hosting would be \$25/month (\$300/year) or \$275 if the council provided an annual one-time payment. In addition, there would be additional costs of about \$20-\$30 for domain fees. The remainder of the \$500 would be ongoing costs such as changes to the group categories and other site design.

Questions that were asked are as follows:

- 1) What happens after the first year? Where is the commitment from ISU or another host agency after year one? - We hope for a continued relationship with ISU. The ongoing responsibility would be a minimum of \$300. Shari relayed that we have 44 members this year and had 35 last year. At 44 members, we'd bring in a total annual revenue of \$1,320. We traditionally spend less than \$500/year on the networking lunch, ice cream and website.
- 2) Can agencies do updates now on the Resource Guide? Yes, their site administer can if they're still with the agency.
- 3) Will a subcommittee be formed then? Yes, we plan to meet over the summer and then start meeting with the students this fall with a re-launch in January 2014. Subcommittee members should plan for monthly meetings until the launch. Initial Subcommittee members volunteering at the meeting are: Susan, Kaitlyn, Jeremy, and Cari.

Lynn asked if there was a motion to approve the Story County Human Service Council taking over the Story County Resource Guide & commitment of \$500 over the next year. Helen Benker made the motion above; Deb Niehof 2<sup>nd</sup>. Motion approved.

#### **NEW BUSINESS:**

**SCHSC Mini-Grants:** Lynn shared that the SCHSC received 6 grant requests from members of the Human Service Council. A committee made up of Lynn Scarlett, Shari Atwood, and Sipele Quezada reviewed the applications is making a recommendation to the human service council to fund four mini grants of \$350 each to following agencies:

- **NAMI of Central Iowa** – Wii for their Mental Health Wellness Center participants
- **Story County Alliance for Energy Efficiency** (VCSC, RSVP & MICA) – Weatherization for approximately 8 homes.
- **Youth and Shelter Services (YSS)** – Diapers for low-income families of which general state/federal governmental assistance does not cover
- **Heartland Senior Services** – camera with upgraded photo storage & video capabilities. Current camera is obsolete that upgraded storage card is no longer in production. It only allows storage for 21 photos.

Each of these mini-grant purchases will impact residents of Story County directly or increase the awareness & visibility of an agency throughout the county. Lynn communicated that the two agencies not funded were Eyerly Ball (transportation cab rides) and Volunteer Center of Story County (funding to train Story County agency volunteers).

Lynn requested a motion to approve the recommendation and payment of \$350 each to the above organizations. Cari McPartland made the motion and Helen Benker 2<sup>nd</sup>. Motion carried.

**ASSET Panel Representatives Value to the Human Service Council Discussion:** Lynn indicated that Shari Atwood e-mailed her on the value of having four ASSET Panel Representatives report to the Human Service Council. (Actually another HSC member asked this to Shari Atwood.) It was

discussed that in today's world of e-mail and websites, that ASSET issues were probably communicated out better and it was asked to the council if the ASSET Panel Representatives were still serving their purpose. Much discussion followed. Shari Atwood relayed that it seemed as if not much communication between the HSC and the Panel Representatives seemed to occur during the meetings over the past several years. She asked if there was value with having 4 representative as it seems as if much communication is about the entire ASSET process as opposed to be specifically related to only one Panel. Patsy Beese and Shellie Orngard both cited examples of why having ASSET panel representatives were important to continue and that a representative under each Panel is necessary. They both relayed that each type of PANEL represents really different services within the county. Someone from Health Services probably couldn't answer a question that ASSET leadership had for Children Services for instance. They also stated that while not much communication has been done in the past few years that ASSET leadership has asked panel representatives to bring questions back to the SCHSC for comments to get a majority opinion. Lynn stated that it seems as if the process is working and should continue.

(The PANELS are: Panel 1 – Health Services; Panel 2 – Basic Need Services; Panel 3 – Children's Services; Panel 4 – Prevention/Support Services.)

#### **OTHER BUSINESS:**

No other business was discussed.

#### **AGENCY SPOTLIGHTS:**

**COMMUNITY AND FAMILY RESOURCES :** Craig Sosby presented services that CFR provides to residents of Ames/Boone for Mental Health and Substance Abuse. He relayed that they also have residential services in Ft. Dodge. He communicated that they provide services to many outpatient groups and also provide continuing care. CFR does have a sliding fee depending on income, take insurance as well as Title 19. CFR also provides new groups such as Anger Management Group and PTSC Group. He stated that he has an access to recovery service flyer for those that want this information.

**ADOLESCENT PREGNANCY PREVENTION (YOUTH & SHELTER SERVICES):** Ashlie Linduski relayed that she provides ongoing talks with kids about their sexual health. They've been doing this in Boone County for quite some time and recently expanded this to Story County. The program is called Teaming Together 4 Teens. (See attached Teaming Together 4 Teens brochure.) She indicated that her goal now is to reach out to the schools throughout Story County and provide curriculum to the school systems if needed. She said that some schools already have their own curriculum but some do not. She passed around "The Facts: Adolescent Sexual Health in Story County" to the group which provides statistical information for Story County which some may not be aware of. (See The Facts: Adolescent Sexual Health in Story County pamphlet). Ashlie expressed that parents need to discuss sex, love and relationships with their kids as they grow up

so that as they get to be a teen that they feel more comfortable coming to their parents with more difficult questions about their sexual health.

Keylie Englenen relayed that her position discusses sexual health issues with the broader community and is more comprehensive materials. She passed out a postcard – POWER Though Choices .... My Life, MY CHOICES. She mainly works with mainly with foster/adopted kids and substance abuse facilities but is interested in the broader community for anyone interested.

Ashlie also relayed that they are now on Twitter and Facebook which allows teens to contact them directly to ask questions. They communicated that it may be difficult for a teen to ask their questions during class and the social media allows the real questions to be asked at any time. Ashlie and Keylie communicated that their job is to educate and provide a way for teens to receive factual information about their sexual health.

**ORCHARD PLACE:** Sarah Newswander discussed the Childcare Resource & Referral program. Sarah communicated that all services are FREE through DHS. Sarah provides resources throughout Region 4, approximately 19 counties. CCR&R empowers parents by providing the information they need to make informed decisions about what child care to utilize. She stressed that CCR&R makes referrals to available childcare, not recommendations. It is the parents' decision to chose their child care. CCR&R also provides assistance to the Child Care Provider. A member asked if CCR&R does anything to help communities put together a childcare in their community? Yes, CCR&R will walk the provider through the steps of what they need to do to get a childcare up and going. (See attached Iowa Child Care Resource & Referral brochure)

**Next meeting 9/26/13:** Lynn communicated that the next SCHSC meeting will be September 26, 2013.

#### **AGENCY SHARE TIME:**

- **Nevada Chamber:** Nevada's Farmers Market is June 4, 2013 from 5-7pm by Nevada City Hall. [http://www.nevada-iowa.org/index.cfm/29172/48013/midtown\\_market](http://www.nevada-iowa.org/index.cfm/29172/48013/midtown_market)
- **The Salvation Army:** June 4<sup>th</sup> from 1-4pm – Sign up for SNAP – Supplemental Nutrition Assistance Program! Also, on the 2<sup>nd</sup> Tuesday The Salvation Army supports Project Iowa for those looking for work in the manufacturing field and CNA.
- **Homeward:** Patsy Beese shared that they are currently waiting to be awarded a grant to allow child immunizations for those on Medicaid or without insurance. She is optimistic they will receive the grant.
- **NAMI of Central Iowa:** Deb Niehof relayed that at their June 18<sup>th</sup> meeting they will have a doctor discussing Bipolar disorder. Their annual garage sale will be August 9-10 so if anyone has items to donate, please let her know. NAMI is also having a new class called Basics. It's a 6-week Educational Program for Parents/Caregivers of Children and Adolescents with Mental Illness. This also includes behavioral issues, emotional issues, ADHD, Aspergers, depression, ODD, bipolar disorder, etc. (See separate attached flyer.)
- **CPPC:** Kaitlyn is accepting backpacks for all and hope to have them all by July 1<sup>st</sup>!

- **YSS:** Jay Walker communicated that they have summer camps coming up for teen volunteers. See "Be the Change" flyer. The "Be The Change!" camp is for students entering 7<sup>th</sup>-9<sup>th</sup> grades in the fall. The camps focus on job skills and volunteering in the community. The camp in Ames is July 15-19<sup>th</sup>. Transportation, lunch and snacks are provided!
- **Healthy Futures** – Ronda Page said thanks for the diapers funded through the HSC mini-grant. Many do not know that diapers are not subsidized through any governmental program. She's seen kids in kitchen towels because parents cannot afford disposable diapers. This award will go a long way for kids.
- **Volunteer Center of Story County** – Shellie Orngard said that their upcoming training is June 5<sup>th</sup>/6<sup>th</sup>. This will allow agencies to build up their volunteer base while also keeping their costs low. She also relayed that they have free tutoring for K-3. They are looking for volunteers to help kids read better.
- **Life Connections** – Theodore Fuhs([t.fuhs@lifeconnections4u.net](mailto:t.fuhs@lifeconnections4u.net)), Laura Dhyne([l.dhyne@lifeconnections4y.net](mailto:l.dhyne@lifeconnections4y.net)) and Chrissa Auestad([c.auestad@lifeconnections4u.net](mailto:c.auestad@lifeconnections4u.net)) introduced themselves as new to the Human Service Council. They provide in-home behavioral counseling and therapy in Marshalltown and are now expanding their service to Story County.
- **HIRTA** – No announcements but brought brochures for anyone that wants them.
- **CyRide** – Shari Atwood communicated that she brought new summer schedules and they're available at the door. Also, for those curious, CyRide is going through construction at their facility now. CyRide is expanding the inside storage facility to hold 11 buses, building a floodwall, increasing the indoor height of the older portion of the facility so that our hybrid buses can drive through the entire facility without hitting the top and redoing the parking lots building a circulation lane around the property. Visitors are advised to enter through the east gates at 6<sup>th</sup>/University throughout the entire summer.
- **Ames Schools** – Sipele announced that she's the Homeless Liaison for the Ames community School District. She is putting together welcome packets for those that she will serve this fall. Sipele is looking for brochures from agencies that would specifically help her clients for this welcome packet. Let her know if you're willing to provide her with brochures!

E-mail your announcements, brochures, flyers to Shari Atwood at [satwood@cyride.com](mailto:satwood@cyride.com) by end of day Friday following the SCHSC meeting and they will be e-mailed out with the draft minutes of each meeting the following Monday. (Otherwise, I'll scan in a copy of what I'm provided at the meeting)