



**Human Service Council (HSC) Meeting Minutes
Thursday, October 25, 2012**

WELCOME: The Story County Human Service Council meeting started on Thursday, October 25, 2012 with introductions from the following 30 people: Monica Goedken-Abramowitz (ACCESS), Sue Wuhs (ACPC), Melinda Thach (Adult Literacy Program), Sonja Hayes (Ames Community School), Gina Gallus (At Home Care Co.), Geff Gescheidler (Boys & Girls Club of Story County), Marion Kresse (Boost Together for Children), Mark Kubik (Center for Creative Justice), Kaitlyn Hofeldt (CPPC/Decategorization), NY Saadiq (City of Ames Police), Shari Atwood (CyRide/Ames Area Metropolitan Planning Organization), Patrice Linke (DHS), Bethanie Langloss (Eyerly Ball CMHS), Mark Adams (Experience Works), Richard Santori (Experience Works), Sally Frotscher (Girl Scouts), Kelsi Daniels (Grip Mentoring Program), Carolyn Dixon (Heartland Senior Services), Susan Peterson (Heartland Senior Services), Alison Boelman (ISU Extension & Outreach), Caroline Thorsbakien (LSI-People Place), Deb Niehof (NAMI of Central Iowa), Lynn Scarlett (Nevada Chamber of Commerce), Brenda Smith (Parent Partner), Arti Sanghi (RSVP), Karla Webb (Story County Community Services), Nicole Lullman (Story County Community Services), Cari McPartland (The Salvation Army), Shellie Orngard (Volunteer Center of Story County), Jill Hill (Youth & Shelter Services).

PROGRAM: Bev Kruempel provided the program on Supplemental Nutritional Assistance Program (SNAP). Bev relayed that SNAP is a program that provides nutritional information for older adults. Her job is essentially to go out within communities and discuss nutrition with seniors. Bev handed out three flyers "MyPlate for Older Adults", "Iowa Food Assistance" and "Spend Smart Eat Smart". She also had a video describing the new "food assistance" program – previously called food stamps. Food stamps are now provided with a swipe card that looks similar to a debit card and therefore many individuals would not know that one is on the food assistance program. The food assistance is available to many seniors with lower incomes to buy food for good health. Many seniors may not even know that they qualify but they often do qualify. You must meet the income guidelines and be a citizen (or your kids do) of the USA. Iowa State extension has many tips and strategies to plan, shop and eat healthy. Go to www.extension.iastate.edu/foodsavings for more information. If there is an agency that is interested in having a SNAP program presentation at their organization, please send Bev an email.

BUSINESS MEETING: Lynn Scarlett called the business meeting to order at 11:50 am.

Approval of September 27, 2012 Minutes: No changes were made to the minutes which are attached; Deb Niehof 1st, Marion Kresse 2nd, Motion carried.

Reports:

TREASURER: Treasurer, Arti Sanghi, reported a balance of \$2,436.09 in the checking account. She reported that we currently have 29 paid members of the SCHSC. She also indicated that there were several attending members that had not paid their annual membership dues. **SCHSC membership payment is due before the December 6, 2012 meeting to Arti Sanghi. (Membership forms are attached.)**

ASSET: Mark Kubik indicated that ASSET Agency Visits must be completed by October 31st and that ASSET liaison reports are due November 8th.

Old Business:

WEBSITE: Shari Atwood passed out the sheet of how to place SCHSC member events on the website calendar. By listing your fundraiser events and other items that are “open to the public”, you can see if your fundraiser conflicts with another agencies on the same day. You can then also easily see what other things are going on that month in the human/health service world.

A request was made if others had an interest to place their human service agency website page on the SCHSC website as opposed to agencies having their own individual website. This was previously brought up to the group by a SCHSC member in September. Shari Atwood indicated no agencies have expressed interest directly to her via phone or e-mail. Additionally, no interest was made at the meeting.

New Business:

Action Item - United Way of Story County as Story County Human Service Council Fiscal Agent: Lynn Scarlett indicated that a draft fiduciary agreement between the UWSC and SCHSC was brought to the Council in September for consideration. Lynn requested that Arti Sanghi explain the reasoning behind the agreement. In the summer 2012, Arti received a request from US Bank for a SSN number. The request was at first to Arti a request for her personal social-security number. After a little research, she learned that US Bank wanted Story County Human Service Council’s TIN number (SSN for businesses). SCHSC does not have a TIN number and seemed to be the first step in eventually having the IRS involved and paying taxes for the group. The SCHSC officers met with Jean Kresse of UWSC whom indicated that this seemed to be a trend for small human service agencies. She recommended setting up an account with the UWSC and operating through them. After much discussion and research, the easiest solution of the SCHSC officers’ was to have the UWSC manage SCHSC’s funds in a separate account from UWSC. A motion to approve the Fiduciary Agreement between United Way of Story County and the Story County Human Services Council was made by Marion Kresse and seconded by Kaitlyn Hofeldt. Motion carried.

Action Item - Story County Human Service Council Bylaws: Lynn indicated that the bylaws were brought before the group in September 27, 2012 for review and discussion. Lynn asked what the red highlighted text referenced. Shari Atwood indicated that the red highlights were additional text to be added. Crossed out text was text to be deleted. The

purple highlighted text indicated additions by another officer. Additionally, Shari mentioned that the changes were reflective of the times updating mailings to e-mailing for electronic communication and also the jobs to add the website duties to the officer positions. Additionally, it seemed that ASSET Panel representatives haven't been voted on by only members of the panel but by the entire council for many years now. It seemed that this change should be made to reflect what is already occurring. A motion to approve the new SCHSC Bylaws was made by Karla Webb with a second by Sue Wuhs. Shellie Orngard mentioned that there was a grammatical error in that either Co-chairs should be Co-chair or presides should be preside under the Article VI: Officers section. Shellie indicated that this grammatical error should be corrected. Shari Atwood will change this change as noted. Motion carried with mentioned changes.

Action Item – Panel 3 ASSET Representative – Lynn indicated that Bob Reid with Camp Fire had self nominated himself to be the Panel 3 representative. Bob was not in attendance for the meeting. Lynn requested if there were any other nominations for the position. Shari Atwood read the Panel 3 ASSET agencies that were able to be nominated. No other nominations were presented. Therefore a motion was made by Cari McPartland to approve Robert (Bob) Reid as the Panel 3 ASSET representative for Story County Human Service Council. A second was made by Sue Wuhs. Motion carried.

Action Item – Panel 4 ASSET Representative – Lynn indicated that Susan Peterson with Heartland Senior Services had self nominated herself to be the Panel 4 representative. Lynn requested if there were any other nominations for the position. Shari Atwood read the Panel 4 ASSET agencies that were able to be nominated. No other nominations were presented. Therefore a motion was made by Richard Santori to approve Susan Peterson as the Panel 4 ASSET representative for Story County Human Service Council. A second was made by Cari McPartland. Motion carried.

Discussion – Story County Human Service Council Co-Chair Nominations – Lynn mentioned that SCHSC had a vacancy in the co-chair position since Big Brothers and Big Sisters closed in Ames. Lynn said that the position would be the co-chair for this year and take over the responsibilities for the council next year in running the meetings. She indicated the bulk of her responsibilities included setting up the programs and spotlights for the year as well as booking the annex for the meetings at the beginning of the year. Lynn requested if anyone would like to nominate themselves? Lynn identified past co-chairs from the group including Karla Webb, Geff Gescheidler, Sue Wuhs, and Monica Goedken-Abramowitz. Shari Atwood indicated that those interested could call/e-mail her if they were interested.

Discussion – Passenger Transportation Plan – Shari Atwood brought forth the annual PTP process to the group. The PTP is a coordinated process between transportation providers and human/health service agencies in the Ames area. Shari indicated that only an update was due to the Iowa Department of Transportation from the Ames Area Metropolitan Planning Organization (AAMPO) for this year and that she was the staff person that facilitated this required plan for the AAMPO. Shari reviewed several recommended projects in the PTP from the year prior with the group that was recently approved. (See attached **Passenger Transportation Plan Update for more information.**) Shari did not review on-going projects previously discussed but indicated

that those were highlighted in yellow. The more recent projects that had recently been approved had their text highlighted in red. Those projects were 2012 State of Good Repair Award for 6 large 40-foot buses for CyRide, Alternatives Analysis Study of the Orange route, Articulated Buses, Boiler Replacement and Next Bus Technology. Shari explained each of the services. Shari mentioned that the bus funding award was extremely timely as CyRide had been used to receiving \$2,000,000 in discretionary funding each year and now would receive \$139,000 each year under the new transportation bill. Those transit agencies in high 200,000+ populations would receive all of the discretionary funding under the new bill. Shari then explained that CyRide's board reviewed 11 different service projects for the following year to include in the Operating budget. Shari went through the 5 projects they wanted more information for the November meeting. Those projects were the Aqua Route revision, Additional 2012/2013 hours of service (GSB currently paying for), Additional 2013/2014 hours of service (next year's additional trips due to increased student enrollment), Sunday Blue (additional hours of frequency from 40 min to 20 minutes, and the #6A Brown route operating from Towers to ISU campus of which the ISU residence halls are paying for – a request by ISU Residence Halls requested that CyRide pay for this service outright.

Shari also requested that any agency had additional transportation needs for the Ames metropolitan area or Story County, those should be brought to her attention to include in the PTP. Any needs that are provided would need to be included before the January 25th meeting. It is important to include projects within the PTP as all items requesting grant funding from the federal government or state government must be included in this PTP in order to receive funding. The document is also nice to know throughout the community of what transportation is transpiring within the community/county. The Ames PTP is only for the metropolitan area, however we've included regional transportation needs in the past as well.

Lynn asked when the transportation needs would be due. Shari indicated that all transportation needs/strategies/projects needed to be identified before the group approved the recommended projects at the January 25, 2013 meeting.

Discussion Item - Program Needed & Agency Spotlights Needed: Lynn mentioned that she is still in need of two agency spotlights at the May 2013 meeting as well as one more at the February, March and April meetings. If anyone is interested in providing information to the group, please contact Lynn at chamber@midiaowa.net.

The spotlights are a way to share what your organization does within the community. We are having two spotlights per meeting this year in an effort to share and collaborate more. **If you are interested in volunteering to do a program/spotlight, please contact Shari Atwood at satwood@cyride.com.**

Next meeting 12/6/2012: Lynn communicated that the next SCHSC meeting will be December 6, 2012. This will be our holiday luncheon and will not be a formal meeting. It's for networking and getting to know others better. An RSVP e-mail will be forthcoming to confirm your attendance so we know the number of people to order for lunch. Shari Atwood requested if there was issue with having Hickory Park cater the holiday meal or if there were other ideas from the group. Karla Webb indicated that it

was the most economical from previous years. Hickory Park will be the meal if they have an opening in their catering schedule.

Business Meeting concluded at 12:20pm

AGENCY SPOTLIGHTS:

GRIP Mentoring Program: Kelsi Daniels from Youth and Shelter Services, Inc. presented on the GRIP Mentoring Program which stands for Great Relationship in Pairs. Kelsi relayed that she was presenting on behalf of Barb Biersner who is the Program Coordinator. Kelsi explained that GRIP matches kids K-8th grades up with mentors. Matches can be kids that are struggling academically or to kids that teachers refer to the program. GRIP matched 247 kids in Story County last year. They typically start matches in August/September with the start of the school year. ISU has been a great resource for the GRIP program as ISU students volunteer to be GRIP mentors. GRIP mentors meet their mentees at school and will eat lunch, play, visit, color or study – whatever is needed. Surveys are completed every year but indicate that 78% of students have higher grade, 79% have better friendships. (See GRIP Mentoring Program brochure.)

November 4th is YSS's Pair Up for a Purpose – a 5K run of ISU's central campus. There is also a kids run and a non-competitive 2.5K run/walk. Need more info? Go to <http://www.yss.ames.ia.us/index.cfm?nodeID=20790&audienceID=1&action=detail&eventid=28179>

Mental Health Wellness Center: Deb Niehof with NAMI of Central Iowa spoke about the Mental Health Wellness Center. In January, Deb explained that NAMI had “Big Changes!” NAMI moved into the Ames Historical Society Building (416 Douglas Ave.) where the NAMI office is upstairs but the main floor has the Wellness Center. The center is open on weekdays from 1-4pm. Anyone with mental illness can come and participate regardless of income. Deb shared that the wellness center has several activities for those attending including: support group, art therapy, writing group, yoga, nutrition, exercise, etc. Linda Sawyer is the peer support specialist for the Wellness Center. They have about 250 visits each month. Initial responses regarding the Wellness Center from those attending are that “It’s the reason I get up in the morning”, “I feel better”, and “I’m able to volunteer and help others.” (See NAMI Mental Health Wellness Center flyer or go to www.namiofci.org)

Agency Share Time:

“NAMI of Central Iowa” – Deb Niehof announced that November 27th, NAMI will hold an event to help parents/guardians explain mental illness to children in a manner they understand. This will be held at the Collegiate United Methodist church at 7pm on November 27th.

“Experience Works” - Richard Santori explained that they work with individuals 55 years or over with a limited income to train and obtain a job. They also work to provide introductory skills, resume writing, and help individuals look for jobs. Richard explained that they're currently looking for participants and if any human service agency has referrals, please let them know. They pay \$7.25/hour for up to 20 hours of work.

Mark Adams explained that he may be contacting each non-profit soon. Mark explained that he works within the entire Story County and place participants where they best learn.

“Ames Police” – Ny Assdiq announced that they’ll be taking applications in November 2012 for the Shop with a Cop program. This is a program where cops take out kids (low-income) to shop for members of their family. This year, the cops are opening this up to Elderly families. Also, this program is also for those that may be slightly over poverty but still do not have enough money for the holidays. A member asked if this program was for just Ames residents or for all of Story County. Ny did not know the answer at the time. For more information about Shop with a Cop, call Ny at 239-5432. (Shari Atwood followed up and Shop with a Cop is for all of Story County)

“Decategorization Coordinator” – Kaitlyn Hoefeldt provided information on what the CPPC does within Story County. The CPPC is a community based approach to child protection. CPPC meetings are held one a month. Their next meeting is 10/31/12 at YSS at 10:30am. See the “Story County Community Partnerships for Protecting Children” flyer.

Kaitlyn also shared the “Bringing Families Forward” flyer which is a program to help build positive relationships with your family. Contact Kaitlyn at khofeld@dhs.state.ia.us or call her at 515-956-2591.

“Eyerly Ball CMHS” – Bethanie Langloss they are having an open house on Wednesday, November 28th from 4-6pm. They are located behind the Holiday Inn off of University Blvd. For more information, call 598-3300. Lynn mentioned that Earl Kilgore from Eyerly Ball will be the program at the January 2013 meeting!

“Literacy Program” – Melinda Thatch announced that the Ames Public Library is moving and once that happens her office and meeting locations for the Adult Literacy Program will no longer be at the Ames Public Library or at its alternate location. However, if you know of an adult that needs help with reading/writing, please e-mail at mlthach@dmacc.edu. She will continue the literacy program but just doesn’t know from where.

“The Salvation Army” – Cari McPartland announced that they’re currently accepting applications for assistance with Christmas gifts and food for this season. See attached flyer. However, they are collaborating with MICA in an effort to not double assistance and spread the funding to more families. They will consider above the income guidelines upon request for reconsideration. Cari also announced that The Salvation Army pays Bell Ringers during the holiday season. (See attached flyer.) Anyone can call or stop in to apply. There are background checks conducted on bell ringers. Cari also announced that she is taking referrals from agencies or is willing to come speak to any group wanting to know more about the Representative Payee Program that she discussed at the September SCHSC meeting.

“Girl Scouts” – Sally shared a flyer promoting Community Forums in Des Moines to discuss helping girls reach a successful future and become tomorrow’s leaders. Forums will be held 10/29 or 10/31 in the Des Moines metropolitan area. (Unfortunately, I misplaced the flyer but the forum information can also be found at the following website.

<http://www.girlscoutsiowa.org/news.cfm?action=article&page=0&CategoryID=62e149e3-ab94-4409-ba7b-62a0704e8912&id=606577a6-a39b-4358-be8a-eeef83639dab2>)

“Heartland Senior Services” – Carolyn shared that HSS provides congregate meals for seniors 60+ years. These individuals have a suggested donation of \$3.50 per meal however it is not required. Anyone under 60 that attends would pay \$7.74/meal. You must call to reserve your meal. HSS also delivers meals to those living outside of Ames to the homebound. Call 233-2906 for more information.

“Story County Community Services” – Nicole Lowman mentioned that SCCS provides general assistance to individuals for rent and utilities. They also provide assistance for individuals with mental health issues.

“At Home Care, Inc” – Gina Gallus provides services to those that need additional help to stay in their home. They provide services such as personal care, meal preparation, transportation, and housekeeping among many others. They are a for profit service. **Gina passed around a brochure to explain their services (see attached).**

“RSVP” – Arti Sanghi announced that the winter weatherization project will take place on November 10th. They’re currently taking applications for individuals the need for weatherization of their homes an typically weatherize 50 homes. **An application is attached for clients that need weatherization. Contact Arti at coordinator@cirsvp.org for an application or call her at 292-8890.**

“CyRide” – Shari Atwood announced that CyRide just received 5 brand new large buses this week into Ames and that CyRide drivers are happy!

“Story County Empowerment” – Marion Kresse mentioned that if anyone providing child care that needed a higher rating on their Quality of Service Rating, they should contact him at 291-6399. He has Quality Improvement grants available.

“Volunteer Center of Story County” – Shellie Orngard announced that they organize the volunteers for the RSVP Weatherization project that Arti previously mentioned. They still need volunteers for this project and typically set up groups of 4 to work together. Monica Goedken Abramowitz mentioned she volunteered last year and it was a good experience.

“ACCESS” – Monica Goedken Abramowitz announced that October is Domestic Violence Month. ACCESS currently has positions open. Go to <http://www.assaultcarecenter.org/> for more information.

“YSS” – Jill Hill announced that they provide help for youth with substance abuse and help with medication management.

“Boys & Girls Club” – Geff Geschidler announced that they have a program for about 50 kids for after school which includes a meal for the kids. Recently, they had a carve pumpkins with the cops day and had a great time.

“Ames Community Schools” – Sonja Hayes announced that she rarely requests for help at these meetings but just had a parent with kids go to a shelter this week. She is requesting that anyone with toddler beds give her a call or e-mail. Sonja is the community counselor at the Ames high school and helps kids overcome barriers.

From this point forward, e-mail your announcements, brochures, flyers to Shari Atwood at satwood@cyride.com by end of day Friday following the SCHSC meeting and they will be e-mailed out with the draft minutes of each meeting the following Monday.